



KRISTU JYOTI COLLEGE OF MANAGEMENT AND TECHNOLOGY

An ISO : 9001 - 2015 Certified Educational Institution
Affiliated to M.G. University, Kottayam
Approved by AICTE, New Delhi

ALUMNI ACTIVITIES DURING THE ACADEMIC YEAR

2022 - 2023

1. Soft skill training program on “Assertiveness- An essential skill in Life” by Alumni Ms. Reshma Krishnan (BSc Psychology 2015 – 2018)

The Post Graduate Department of Psychology in association with IQAC organized an online Soft Skill training program on “Assertiveness- An essential skill in Life” on 25th February, at 2:00 pm. Ms. Reshma Krishnan, M.Phil Clinical Psychology Trainee, NIMHANS, Bangalore, was the resource person. Google meet was the platform for the session. A total of 24 participants took part in the Programme, which included students of B. Sc. Psychology and M.Sc. Psychology Students. Ms. Prinsha Rajan was the coordinator of the program. The program started with a silent prayer. The outcome of the session was to give a better understanding about the perks of being assertive in life. At the end of the session, there was a question answering session to clarify the queries of the participants. The session ended with the vote of thanks delivered by Mr. Jomet Varghese (Asst. Professor, KCMT).

KRISTU JYOTI COLLEGE
OF MANAGEMENT AND TECHNOLOGY
CHANGANACHERY
Affiliated to MG University & Approved by AICTE New Delhi

Post Graduate Department of Psychology
In Association with IQAC

Session on
Assertiveness Skills

25 February, 2023
2:00 pm - 3:00 pm

Platform:
Google meet

Ms. Reshma Krishnan
M.Phil Clinical Psychology Trainee, NIMHANS

Organising Committee

MS. PRINSHA RAJAN
Staff Coordinator

MR. CIOJO JOSEPH
Sectional Head

FR. JOSHY CHEERAMKUZHY CMI
Principal



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KRISTU JYOTI COLLEGE OF MANAGEMENT AND TECHNOLOGY POST-GRADUATE DEPARTMENT OF PSYCHOLOGY

In association with IQAC
Soft Skill Training Programme
ASSERTIVENESS – An Essential Skill in Life
Programme Schedule

Date: 24/02/2023

Time: 2:00 PM

Platform: Google Meet

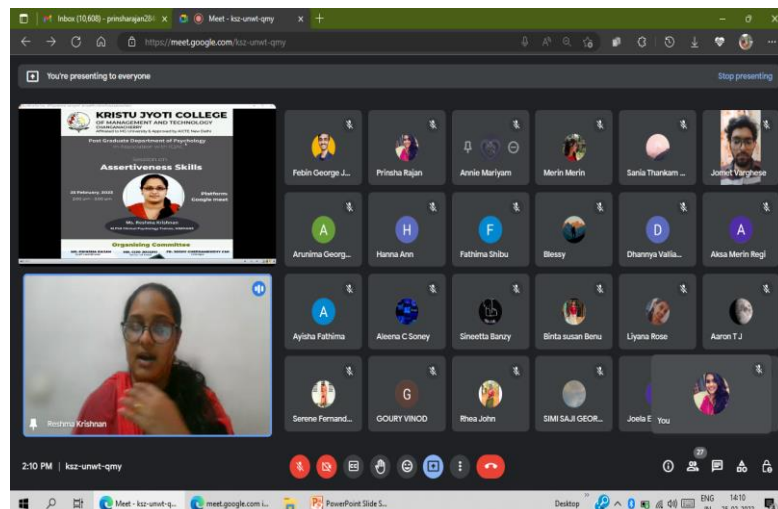
Invocation

Welcome Speech : Ms. Prinsha Rajan

Guest Introduction: Ms. Prinsha Rajan

Keynote Address: Ms. Reshma Krishnan

Vote of Thanks: Mr. Jomet Varghese





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Certificate to the Resource Person and Participants



KRISTU JYOTI COLLEGE OF MANAGEMENT AND TECHNOLOGY CHANGANACHERRY

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CERTIFICATE

OF APPRECIATION

The following award is given to

Ms. Reshma Krishnan

For giving a session on "Assertiveness: An Essential Skill in Life"
organised by Post Graduate Department of Psychology, Kristu Jyoti
College, in association with IQAC on 25/03/2023.

 Ms. Prinsha Rajan Staff Coordinator	 Mr. Cijo Joseph Sectional Head	 Fr. Joshy Cheeramkuzhy CMI Principal
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Attendance List

Sl. No	Name of the Participant	Phone number	Batch	Feedback
1	ANNIE MARIYAM	8547584257	UGS2Batch 1	Good
2	DON SAVID JOSE	9961050188	UGS2Batch 1	Good
3	ARUNIMA GEORGE MATHEW	8590696636	UGS2-Batch 2	Good
4	ALEENA SARAH VARGHESE	7559804990	UGS6Batch 2	Average
5	Hanna Ann Vijay	9447452874	UGS2Batch 1	Good
6	JOELA ELSA JOSE	9778780625	UGS4Batch 2	Excellent
7	FATHIMA SHIBU	9947127067	UGS6Batch1	Excellent
8	LIYANA ROSE JOJO	8714513150	UGS2-Batch 2	Good
9	BLESSY BABU	7034377279	UGS2Batch 1	Good
10	SINEETTA ANNA BANZY	9188250601	UGS2-Batch 2	Excellent
11	SANIA THANKAM ROBIN	8086210431	UGS2Batch 1	Good
12	Febin George Jacob	9074443436	UGS4Batch 1	Excellent
13	SERENE FERNANDEZ	8943730001	UGS6 BATCH 1	Excellent
14	BRUJITH JOSEPH	6238865991	UGS2Batch 1	Excellent
15	AKHIL S	7994667171	UGS2-Batch 2	Excellent
16	DEEPA MARIAM NINAN	07025749894	UGS6 Batch2	Good
17	AMRITHA A S	8590674892	FGS4	Good
18	HITHA HARI	8078144745	FGS2	Good
19	ANJENA V.P.	7356921966	UGS2Batch 1	Average
20	VARSHA S CHANDRAN	7902261630	UGS2-Batch 2	Good
21	JEEVA NINAN	8590481737	FGS2	Good
22	FATHIMA SHAJAHAN	9946105812	UGS2Batch 1	Good
23	JOMET VARGHESE	9447005323	Faculty	Good
24	KRIPA ELSA MONACHEN	9567729237	UGS2-Batch 2	Good

meeting link for the Session:

<http://meet.google.com/ksz-unwt-qmy>

Link for the Feedback Form:

https://docs.google.com/forms/d/e/1FAIpQLSdL847J0vqv7utuTR_IISJSzsqCSz0XnbUBL1KLXLI52P8NSw/viewform?usp=sf_link



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2. Career Counselling programme by Alumni Ms. Christy Maria Joy

A career counselling session was organised by the Postgraduate department of Psychology on 28-02-2023 for the Semester 6 students (72 participants). The resource person of the session was Ms. Christy Maria Joy, alumni of the department (Batch 2014-2017). The session described the opportunities of higher education in Liverpool, UK and the procedures for applying for the course. The students reported the session to be highly useful.



Kristu Jyoti College
Career Counseling
28.02.2023 12:45
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FG6X+VJQ, Chethipuzha Kadavu, Changanassery, Kerala
686104



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Kristu Jyoti College
Career Counseling
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686104



Kristu Jyoti College
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686104



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3. Career Orientation by Alumni Mr. Sreekuttan K.P (Indian Army)

A career orientation programme was conducted by the Post Graduate Department of Computer Application on February 20, 2023 from 11 am. The resource person of the day was Mr. SREEKUTTAN K. P, from the Indian Army. He shared a brief summary of his life and goals until now. Sreekuttan KP is a BCA alumni of Kristu Jyoti College of Management and Technology who always aimed to be in the armed forces. His strong will and determination helped him to conquer his dreams. The session was indeed very informative, motivating and inspiring. The 46 students of BCA semester II batch 1 attended the programme.

The poster is for an event titled "Alumni Talk-Career Orientation" organized by the Post Graduate Department of Computer Application at Kristu Jyoti College of Management and Technology. The resource person is Mr. Sreekuttan K P (Indian Army) and the faculty coordinator is Mrs. Cini Joseph. The event is scheduled for 20-02-2023 at 11:00 am in Room no:307.

<u>Date</u>	<u>Time</u>	<u>Venue</u>
20-02-2023	11:00 am	Room no:307



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Kristu Jyoti College
Alumni Talk
20.02.2023 11:23
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FG6X+VJQ, Chethipuzha Kadavu, Changanassery



Kristu Jyoti College
Alumni Talk
20.02.2023 11:23
9.46246, 76.54858
FG6X+VJQ, Chethipuzha Kadavu, Changanassery





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KRISTU JYOTI COLLEGE OF MANAGEMENT AND TECHNOLOGY

CHETHIPUZHA, CHANGANASSERY

(Affiliated to Mahatma Gandhi University, Kottayam & Approved by AICTE, New Delhi)

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ATTENDANCE SHEET

Department : Post Graduate Department of Computer Application.

Activity : Alumni Talk - Career Orientation

Resource Person Details : Mr. Sreedhevan K.P.
Indian Army.




















Date : 20.2.2023 Time : 11:15 am - 12:15 pm Venue : Room no. 307.

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1	SANIYA BITU	20/2/23	BCA B1 S1	8304092401
2	Diya Deepak	20/2/23	BCA B1 S1	6238946163
3	Austin George	20/2/23	BCA B1 S2	7902675374
4	Aromal. var	20/2/23	BCA B1 S1	7300914882
5	Joel sculcher	20/2/23	BCA S1 S2	9946149345
6	Abhinav S	20/2/23	BCA S1 S2	7736809831
7	Jeswin	20/2/23	BCA S2	7994444905
8	Joshua samuel	20/2/23	BCA B1 S1	9061154676
9	Abin M. Jorhy	20/2/23	BCA S2	860656534
10	Jefin Jobi	20/2/23	BCA B1 S2	8301849356
11	Badrusha Shaji	20/2/2023	BCA 0.32	9946971423
12	Madhav M	20/2/23	BCA B1 S2	6282645954



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













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Sl. No	Name	Signature with Date	Class	Ph.No.
13	Hidhun Shaji	 20/2/23	BCA B ₁ S ₂	6235997213
14	Arjun B. Nair	 20/2/23	BCA B ₁ S ₂	892517721
15	Ananth Sivan	 20/2/23	BCA B ₁ S ₂	7736734993
16	Jerin Varghese	 20/2/23	BCA B ₁ S ₂	9048238317
17	Kiran Alex	 20/2/23	BCA B ₁ S ₂	9446713449
18	Justine Kuriatose	 20/2/23	BCA B ₁ S ₂	9778338610
19	Jins Joseph	 20/2/23	BCA B ₁ S ₂	735651189
20	Blessen Abraham	 20/2/23	BCA B ₁ S ₂	8943980390
21	Shacko Thomas	 20/2/23	BCA B ₁ S ₂	9778388695
22	Agnel Mathew	 20/2/23	BCA B ₁ S ₂	9037885922
23	Amal George	 20/2/23	BCA B ₁ S ₂	8590557208
24	Cravind R	 20/2/23	BCA B ₁ S ₂	8848078836
25	Fony Thomas	 20/2/23	BCA B ₁ S ₂	807810170
26	Rojin Saji	 20/2/23	BCA B ₁ S ₂	8943370713
27	ALLEN XAVIER	 20/2/23	BCA B ₁ S ₂	7907388139
28	Royal Louis	 20/2/23	BCA B ₁ S ₂	7736880308
29	Chris Varghese Mathew	 20/2/23	BCA B ₁ S ₂	7994400746
30	Seyan Shanavas	 20/2/23	BCA B ₁ S ₂	9961108286
31	Kartik Krishna	 20/2/23	BCA B ₁ S ₂	8075397316

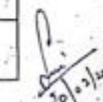


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32	Abhishek S. Parakkal	 20/12/23	BCA BI SEM I	7736603213
33	Alan P Sebastian	 20/12/23	BCA BI SEM I	9746987449
34	Vijo Vaughan George	 20/12/23	BCA BI SEM I	7558027560
35	Melbin paul	 20/12/23	BCA BI SEM I	8590989437
36	Mohammad Adul A	 20/12/23	BCA BI SEM I	7736905954
37	Shameed Hussain	 20/12/23	BCA BI SEM I	7736220967
38	Jain Teasa Jose	 20/12/23	BCA BI SEM I	8848926675
39	Anagha S Prasad	 20/12/23	BCA BI SEM I	9562452610
40	Manasi Raj	 20/12/23	BCA BI SEM I	8714865452
41	Fatima Athira	 20/12/23	BCA BI SEM I	8921028409
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43	Adithya Prasad	 20/12/23	BCA BI SEM I	8848678771
44	Gowri V. Nan	 20/12/23	BCA BI SEM I	8075482051
45	Naitran Thomas	 20/12/23	BCA BI SEM I	9497549780
46	Joel Joseph	 20/12/23	BCA BI SEM I	9567340282




Cmi Joseph
20/12/23