



# KRISTU JYOTI COLLEGE OF MANAGEMENT AND TECHNOLOGY

An ISO : 9001 - 2015 Certified Educational Institution  
Affiliated to M.G. University, Kottayam  
Approved by AICTE, New Delhi

## ANNUAL GENDER SENSITIZATION ACTION PLAN

Kristu Jyoti College of Management and Technology (KJCMT) envisages a value-based learning-teaching environment. This environment enables to acquire firm values and principles, such as equity, respect for human dignity, fairness and justice towards all genders. KJCMT attempts to uproot deep-seated prejudices regarding gender discrimination from our society by moulding good citizens for the future who can serve the society with a wider perspective. The institution maintains a code of conduct for students with emphasis to gender equity.

### **Annual Gender Sensitization Schedules:**

- Programs for students, teachers and non-teaching staff to create awareness on gender equity.
- Regular counselling and stress management program to assess personality issues, and to overcome anxiety. Mental health assessments of students and staff of the college are scheduled on a regular basis in collaboration with the counselling cell of the college.
- Special mentor – mentee sessions to handle issues related to gender bias.
- Extracurricular activities ensuring active participation of students of both genders.
- Demonstration programmes on self-defence and awareness programmes to stand up against substance abuse and gender-based violence.
- Selection of class leaders from both genders to spread a message of gender equality.

\*\*\*\*\*