

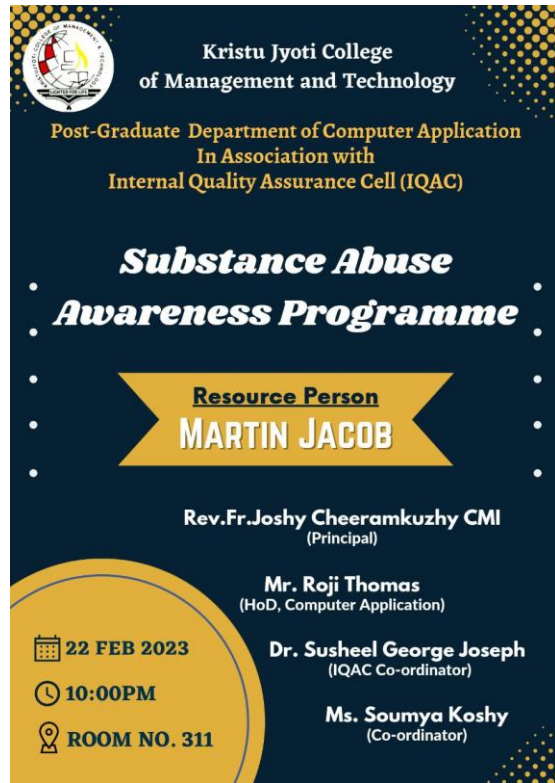


**KristuJyoti College of Management and Technology**  
**Chethipuzha, Kurisummoodu P. O Changanassery -686104**

*(Affiliated to Mahatma Gandhi University, Kottayam & Approved by AICTE, New  
Delhi)*

<b>Title of Activity</b>	AWARENESS ON “SUBSTANCE ABUSE”
<b>Date</b>	Wednesday, February 22, 2023
<b>Department</b>	Post Graduate Department of Computer Application
<b>Total Attendance</b>	45
<b>Mode</b>	Offline
<b>Faculty Coordinator</b>	Ms. Soumya Koshy(Assistant Professor)
<b>Resource Person</b>	Mr. Martin Jacob Volunteer of DREAM which is an NGO and also a member of the International Society of Substance Use Professionals.
<b>Report</b>	<p>The seminar on the topic Substance Abuse covered various topics related to different types of drugs, addictive substances, and their advantages and disadvantages. The resource person was a second year MCA student of our college, named Martin Jacob who is a volunteer of DREAM which is an NGO and also a member of the International Society of Substance Use Professionals.</p> <p>As part of the discussion, Students agreed that it is a complex issue that requires a comprehensive approach to prevention and treatment. They stressed the importance of raising awareness about the risks associated with substance abuse to address this public health concern.</p> <p>The seminar also discussed the significance of healthy relationships in human well-being. Students highlighted the emotional support, sense of connection, and happiness that relationships provide. Good relationships have a positive impact on mental and physical health, enabling individuals to cope with life's stressors. However, building healthy relationships requires effort, communication, and trust, but the rewards are worth it. Ultimately, relationships are essential to our overall well-being, providing meaning and purpose to our lives.</p> <p>The session based on this topic was highly appreciated and benefited the students immensely.</p>
<b>Venue</b>	Room No: 311

Photographs and Brochures



Kristu Jyoti College  
of Management and Technology

Post-Graduate Department of Computer Application  
In Association with  
Internal Quality Assurance Cell (IQAC)

**Substance Abuse  
Awareness Programme**

**Resource Person  
MARTIN JACOB**

Rev.Fr.Joshy Cheeramkuzhy CMI  
(Principal)

Mr. Roji Thomas  
(HoD, Computer Application)

Dr. Susheel George Joseph  
(IQAC Co-ordinator)

Ms. Soumya Koshy  
(Co-ordinator)

22 FEB 2023  
10:00PM  
ROOM NO. 311





*Name and Signature of Co-Ordinator*  
*Soumya koshy*

*Principal*  
*Rev. Fr. JoshyCheeramkuzhy CMI*