



Mahatma Gandhi University Kottayam

Programme	BSW (Hons)					
Course Name	Professional Social Work					
Type of Course	DSC A					
Course Code	MG1DSCSWK100					
Course Level	100					
Course Summary	<p>As an introductory course, it covers the historical, philosophical, and theoretical underpinnings of the emergence of social work as a profession. It provides an overview of the methods, principles, values, approaches, and fields of social work. The course requires students to work with real-life examples and projects.</p>					
Semester	I	Credits			4	Total Hours
Course Details	Learning Approach	Lecture	Tutorial	Practical	Others	75
		3	-	1	-	
Pre-requisites, if any	Nil					

Syllabus

COURSE OUTCOMES (CO)

CO No.	Expected Course Outcome	Learning Domains *	PO
<i>Upon the completion of the course, the student will be able to:</i>			
1	Explain the various concepts related to social work.	U	1, 3, 6,10
2	Identify the differences between social work and other service- related terms.	An	1,3,2,6,10
3	Illustrate the understanding of the professional roots, ethical foundations and theoretical frameworks of social work	U	1,2,3,6,8
4	Identify the historical context, evolution and key figures that have shaped social work as a profession.	An	1,2,8
5	Describe foundational principles and practice methods.	U	2,6,1,3
6	Appraise social work as a profession in the Indian and global context.	E	2,6,1,3,9,10
7	Demonstrate the skills of observation, communication, and recording	A	3,4,5,6,7
*Remember (K), Understand (U), Apply (A), Analyse (An), Evaluate (E), Create (C), Skill (S), Interest (I) and Appreciation (Ap)			

COURSE CONTENT

Content for Classroom transaction (Units)

Module	Units	Course description	Hrs	CO No.
1	Concepts in Social Work		15	1,2,6
	1.1	Overview of social work- meaning and global definition - Objectives and purpose of social work,		
	1.2	Meanings, similarities and dissimilarities of Concepts related to Social Work -charity, social service, voluntary service, social reform, social movements, social welfare, social security, social development.		

2	History of Social Work		20	3,4,6
	2.1	Historical landscape of social work in the UK, USA and India - Elizabethan Poor laws, workhouses and almshouses, Friendly visitors, Charity organization society, Settlement House movements, Beveridge report. Jane Adams, Mary Richmond etc India- Ashoka and Mughal period, precolonial,		
	2.2	colonial and post-colonial lineages of Social Work Traditional Social Service Institutions, Contribution of Social Reformers, Christian Missionaries Clifford Manshardt, Spencer Hatch, Vinobabave, Ela Bhatt, Medha Patkar, Aruna Roy, Baba Amte Gandhian model of Social Work		
	2.3	Kerala - Sree Narayana Guru, Poykail Appachan, Ayyankali, Kavarikulam Kandan Kumaran, Vagbadanandhan, Sugatha Kumari, Mayilamma, C K Janu, Daya Bai		
3	Overview of Professional Social Work and its Multifaceted Nature		20	3,4,5,6
	3.1	Different levels of social work practice-micro, mezzo, and macro.		
	3.3	Fields and Thrust Areas of Social Work Practice: Health, Mental Health, Community Development, Child Rights, Legal and Correctional settings, family, Vocational Rehabilitation, Education, Economic and Social Development, Rural Development, Urban Development, Industrial, and Environment.		
	3.4	Functions and responsibilities in social work, Roles of a social worker.		
	3.5	Clients in social work -person, family, group, incorporated body, associations/community.		
4	Professionalisation of Social Work		20	2,3,4,5,6,7

	4.1	Methods of Social Work: Social Case Work, Social Group Work, Community Organisation, Social Welfare Administration, Social Action, Social Work Research														
	4.2	Professional Organisations : Introduction to Social Work Network- International- National and State: IFSW, INPSWA, KAPS, NAPSWI, ASSK Role and function of Social Work Association Across the Global: NASW (USA), CASW (Canada), BASW (United Kingdom)														
	4.3	OBSERVATION VISITS IN VARIOUS SETTINGS														
5	Teacher Specific Content															
Teaching and Learning Approach	<p>Classroom Procedure (Mode of transaction)</p> <ol style="list-style-type: none"> 1. Interactive lectures. 2. E-learning 3. Seminar 4. Library works <ul style="list-style-type: none"> • Observation visits to various social work institutions to familiarize with the various fields of social work and roles of social worker in social work settings • Observe a special day of social importance and document the Programme 															
Assessment Types	<p>MODE OF ASSESSMENT</p> <p>➤ Theory 3 Credit</p> <table border="1" style="width: 100%; border-collapse: collapse;"> <tr> <td style="text-align: center;">Total Mark</td> <td style="text-align: center;">75</td> </tr> <tr> <td style="text-align: center;">CCA</td> <td style="text-align: center;">25</td> </tr> <tr> <td style="text-align: center;">ESE</td> <td style="text-align: center;">50</td> </tr> </table> <p>- Practicum 1 Credit</p> <table border="1" style="width: 100%; border-collapse: collapse;"> <tr> <td style="text-align: center;">Total Mark</td> <td style="text-align: center;">50</td> </tr> <tr> <td style="text-align: center;">CCA</td> <td style="text-align: center;">15</td> </tr> <tr> <td style="text-align: center;">ESE</td> <td style="text-align: center;">35</td> </tr> </table> <p>A. Continuous Comprehensive Assessment (CCA)</p> <ul style="list-style-type: none"> - Internal test - Assignments - Presentation - Classroom Discussions - Quiz - Role Play - Team Project Report - Observation visit report and Presentation 				Total Mark	75	CCA	25	ESE	50	Total Mark	50	CCA	15	ESE	35
Total Mark	75															
CCA	25															
ESE	50															
Total Mark	50															
CCA	15															
ESE	35															

B. End Semester Examination (ESE) (1.30 Hours Written Exam)			
Part	No of Qs	No of Questions to be answered	Total Mark
A (2 mark each)	7	5	10
B (5mark each)	7	4	20
C (10mark each)	4	2	20
Total Mark for ESE			50

*Assessment method for practicum can be decided by the teacher

References

- Alex, J. (2019). Eco-Feminist Perspective :Select Works of Kamala Das & Sugathakumari. Akhand Publishing House.
- Bhaskaran.(2004).Mother Forest :The Unfinished Story of C. K Janu. Women Unlimited Kali for Women.
- Dayabayi.(2023).Pachaviral. DC Books
- Desai, M. K., & Mehta, S. (2018). Gandhian Model for Social Work: Principles and Practice. Global Publications.
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- Hepworth, D. H., Rooney, R. H., & Rooney, G. D. (2017). Direct social work practice: Theory and skills. Cengage Learning.
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- Howe, D. (2010). An introduction to social work theory. Ashgate Publishing.
- Johnson, L. S., & Chen, H. (2021). Global Perspectives on Social Work Practice: Profiles of Social Workers Worldwide. Academic Press
- Kainthla.(2006).Baba Amte: A Biography. Viva Books
- Lambert K.(1999)Introduction to Social Work:Lanzo,P O Box 790,Wellington.
- Pariyadath, Swarnalatha. (2018):The Life Of A Tribal Eco-Warrior. Orient Blackswan.
- Paul T.(1962)The Philosophy of Social Work: The University of Chicago Press.