KRISTU JYOTI COLLEGE
OF MANAGEMENT AND TECHNOLOGY
(Affiliated to Mahatma Gandhi university, Kottayam
NAAC Accredited A Grade with CGPA of 3.17 (First Cycle)
Recognized by UGC 2(f) & Approved by AICTE, New Delhi)
(An ISO 9001-2015 Certified Educational Institution)

WOMEN CELL

ANNUAL REPORT

2025-2026

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WOMEN CELL

The Women Cell of Kristu Jyoti College of Management and Technology came into being on November 9, 2021. Ever since its inception, the cell has played a pivotal role in addressing different aspects of gender issues. The cell plays a vital role in the upbringing of the women in the KCMT family. The Women Cell of KCMT has set a benchmark by accomplishing all its targeted goals.

OBJECTIVE OF THE CLUB

- To empower the Women Community to initiate, execute and sustain on innovative projects.
- To eliminate the gender disparity among the college community.
- To capacitate girl students by giving defense training by collaborating with the civil police office.
- To educate the women community on decision making and practices on matters concerning their life.
- To execute structural and functional changes in the campus, promoting women centric programs.

CLUB COMPOSITION

Faculty Coordinators

Ms. Smitha Ratnan (Convenor)

Ms. Sanjana M (Staff Coordinator

Student Coordinators

Ms.Aksa Ann Varghese (Secretary)

Ms.Jithina Anna Biju (President)

Women Cell Activities Report 2025-2026

Activity 1 "**She Drives, She Leads: Empowering Women Through Mobility**"

Inaugural ceremony of the Driving Class SARADHI 2025-26 Batch

The Women Cell, in association with the IQAC of Kristu Jyoti College of Management and Technology, Changanassery, inaugurated the SARADHI Driving Class for the 2025–26 batch on August 4, 2025, under the theme "She Drives, She Leads: Empowering Women Through Mobility." Five cars from Rannyil Motor Driving School were assembled in the college portico, and the Principal, Rev. Dr Joshy George, handed over the keys to the new student drivers, followed by a ceremonial flag-off. The event featured cultural performances, speeches, and enthusiastic participation, marking the beginning of an ongoing initiative to empower women through mobility.

The SARADHI Driving Class continues to run successfully, with students actively engaging in both theoretical lessons and practical driving sessions. The initiative has become a symbol of empowerment on campus—encouraging women to take control of their mobility, challenge societal norms, and embrace new freedoms. As the program progresses, the Women Cell and IQAC remain committed to supporting participants with guidance, mentorship, and opportunities for growth. The college envisions SARADHI not just as a driving class, but as a movement one that inspires confidence, independence, and leadership among women.

Activity 2: Women cell Inauguration & Self – Defense Awareness Programme by Kerala Police Department

The Women Cell, in accordance with the IQAC of Kristu Jyoti College of Management and Technology, Changanassery, organized a Self-Defense Training Programme for female students on 8th August 2025 at 11:15 AM in the Yoga Hall. Around 40 students participated in the session, which was part of the Women Cell Inauguration. The chief guest, Ms. Praseeja Syam, Civil Police Officer from the Narcotic Cell, Kottayam, led the training along with her team. The session emphasized the importance of self-defense and taught students how to respond confidently to unsafe situations. Various techniques were demonstrated and practiced with corrections and guidance. Students were encouraged to stay alert, set boundaries, and say "No" to unwanted situations

Students responded enthusiastically, expressing that the session was both empowering and practical. Many appreciated the opportunity to learn real-life techniques and felt more confident afterward. The interactive format kept participants engaged and encouraged active involvement. Faculty members noted a positive shift in student awareness and attitude. Several students suggested

organizing similar sessions regularly. The overall feedback reflected strong appreciation for the initiative and its relevance.

The programme successfully raised awareness about personal safety and self-defense among female students. It equipped them with practical skills and boosted their confidence to handle uncomfortable or threatening situations. Students learned to set boundaries and respond assertively. The session also promoted a culture of vigilance and self-respect. The initiative strengthened the role of the Women Cell and IQAC in fostering student empowerment. It contributed meaningfully to creating a safer and more supportive campus environment.

Activity 3: "**The Glory of Silent Service**" International Women's Day Celebration

The Women Cell of Kristu Jyoti College of Management and Technology, Changanassery, in association with the IQAC, celebrated International Women's Day on March 9, 2026, under the theme *"The Glory of Silent Service."* In a unique gesture, the college honored its non-teaching staff as chief guests, recognizing their quiet yet invaluable contributions. The programme featured inspiring speeches and a martial arts presentation titled *"Young Warriors."* Tokens of love were presented to each non-teaching staff member as a mark of gratitude. The celebration

beautifully reflected the essence of Women's Day, reminding everyone to honor the unseen strength and silent service that sustain our communities.

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